

# April Bootcamps



**\*\*If you tune in live to the Bonus Workout, Tag E3 Strength and a friend to receive a contact-free gift directly to your home.**

| Monday                                                                                              | Tuesday                                                                                             | Wednesday                                                                                           | Thursday                                                                                            | Friday                                                                                                                                                                                                                                                                                                                                                       | Saturday                                                                                                                  | Sunday                                |
|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|---------------------------------------|
|                                                                                                     |                                                                                                     | <p><b>1</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>  | <p><b>2</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>  | <p><b>3</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>                                                                                                                                                                                                                                                           | <p><b>4</b></p> <p>8:00 AM – Facebook Bootcamp Group</p> <p><b>**BONUS Livestream TBD – E3’s Main Facebook Page</b></p>   | <p><b>Closed</b></p>                  |
| <p><b>6</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>  | <p><b>7</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>  | <p><b>8</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>  | <p><b>9</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>  | <p><b>10</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>                                                                                                                                                                                                                                                          | <p><b>11</b></p> <p>8:00 AM – Facebook Bootcamp Group</p> <p><b>**BONUS Livestream TBD – E3’s Main Facebook Page</b></p>  | <p><b>12</b></p> <p><b>Closed</b></p> |
| <p><b>13</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>14</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>15</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>16</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>17</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>                                                                                                                                                                                                                                                          | <p><b>18</b></p> <p>88:00 AM – Facebook Bootcamp Group</p> <p><b>**BONUS Livestream TBD – E3’s Main Facebook Page</b></p> | <p><b>19</b></p> <p><b>Closed</b></p> |
| <p><b>20</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>21</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>22</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>23</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>24</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p>                                                                                                                                                                                                                                                          | <p><b>25</b></p> <p>8:00 AM – Facebook Bootcamp Group</p> <p><b>**BONUS Livestream TBD – E3’s Main Facebook Page</b></p>  | <p><b>26</b></p> <p><b>Closed</b></p> |
| <p><b>27</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>28</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>29</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>30</b></p> <p>7:00 AM – Facebook Bootcamp Group</p> <p>12:00 PM – E3’s Main Facebook Page</p> | <p><b>Contact Information:</b><br/>                     561-292-0585 <a href="mailto:info@e3strength.com">info@e3strength.com</a><br/> <a href="http://www.e3strength.com">www.e3strength.com</a><br/>                     Follow us on social media<br/>                     @E3Strength<br/>                     Ask about our complimentary bootcamp!</p> |                                                                                                                           |                                       |